ORGANIZATIONS EXECUTIVE & PERSONAL EVELOPMEN'

# **Topical Growth** Groups

### **Personal & Leadership Development tools**

Meet with a group in a safe space, online or in person, to build community and accelerate personal & leadership development.

Receive a coaching tool to keep you on track with actions and moving forward.

Get the topical self coaching you need to clarify, process and move forward in life and leadership

#### Leaders grouped by level, business, team or affinity will engage in a series of three sessions

EACH LEADER WILL RECEIVE ONE 1:1 COACHING SESSION AS A FOLLOW UP TO THE GROUP SESSION. COACH FACILITATORS ARE CERTIFIED BY THE INTERNATIONAL COACHING FEDERATION.



ASK ABOUT OUR ALIGNMENT WITH AMERICA'S PYSCHOLOGIST, DR. JEFF GARDERE WHO OFFERS V COUNSEL ALONG SIDE OUR EXECUTIVE & PERSONALCOOACHING.

# **Weekly Self-Coaching Question for Journaling**

# One virtual meet-up

Virtual mocktails or cocktails that lead to break thrus. boundary breaking and community building





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